



LAKE GIBSON VILLAGE

INDEPENDENT LIVING • ASSISTED LIVING

Ski Show Coming to Lake Gibson

The Central Florida Show Ski Team is bringing its awe-inspiring performance to Lake Gibson Village on **Saturday, January 26 at 2:00 p.m.!**

Bring the family out for this **FREE** event!



[Show Details & RSVP →](#)

Can a Diet Reduce Alzheimer's Risk?

A recent study suggests that a Mediterranean diet – rich in fruits, vegetables, and oily fats – can help stave off some forms of dementia, including Alzheimer's.



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