

Thank You to Residents and Families!

Lake Gibson Village was thrilled to receive a "2019 Best of Senior Living" award from the website senioradvisor.com!

The honor is determined by ratings and reviews from residents and their families, and it is awarded to the top one percent of providers in the U.S. and Canada.

We are humbled by your support!



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Foods and Drinks that Derail Diets

If your New Year's resolution to lose some weight seems to have stalled, revisit your diet.

There may be a sneaky food or drink that is preventing you from reaching your goal.



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