



LAKE GIBSON VILLAGE

INDEPENDENT LIVING • ASSISTED LIVING

Research Confirms the Power of Love

Long-term studies show that people engaged in meaningful relationships are in better physical health.

The tangible benefits are not only for those in happy, committed relationships, but also those with close bonds to friends and family.



[Read Blog →](#)

Join Us for a Senior Heart Health Presentation

Lake Gibson Village is proud to welcome Lakeland registered nurse Kara Bailey Anguizola on Wednesday, February 27th at 10:15 a.m.

Kara will be here to talk about the ways you can keep your heart strong even if you are dealing with issues like aging, cardiovascular disease, or diabetes.



[RSVP & More Details →](#)



Join our "Senior Living Resources" Facebook Group



LAKE GIBSON
VILLAGE

INDEPENDENT LIVING - ASSISTED LIVING

[Unsubscribe](#)

Lake Gibson Village 771 Carpenters Way Lakeland, Florida 33809 United States (863) 858-1202