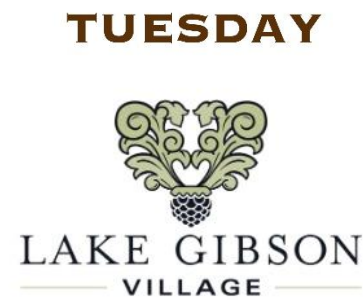


JULY 2026

REFLECTIONS LIVING ENGAGEMENT CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Waves of White 1 Shine Bright in White! 9:30AM Body Works: Spin Class 10:00AM Game Club: Jeopardy 1:30PM Mind Works: Independence Day Trivia 2:00PM Rehab Social: Scenic Bus Tour 3:00PM Body Works Exercise: Stretch and Mobility with Jen	BLUE Jeans & American Dreams 2 Wear Denim / Blue 9:30AM Sports Fitness: Cornhole 10:00AM Art Works: Statue of Liberty Crowns 1:30PM Mind Works: America A-Z 2:00PM Music Works: Patriotic Fill in the Blank 3:00PM Body Works Exercise: Patriotic Music & Movement	Stars & Stripes Forever 3 Wear Patriotic Stars/Stripes 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Game Club: Watermelon Seed Game 1:30PM Mind Works: USA Trivia 2:00PM-4:00PM Stars, Stripes, and Summer Block Party-Lobby 3:45PM Rehab Social-Stars and Stripes Fashion Show-Lobby	All-American Celebration 4 Wear Red, White & Blue 10:00AM Mind Works: Daily Chronicles 1:00PM Music Works: Music and Snacks 2:00PM Game Club: Celebrating America Stars & Stripes Cornhole 7:30PM Rehab Social All-American Movie Matinee
5 10:00AM Words for Life & Hymns 1:00PM Mind Works: Daily Chronicles 2:00PM Sports Fitness-Bowling 5:00PM Mind Works: Board Games 7:30PM Rehab Social: Matinee & Snacks	6 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Chefs Corner: Watermelon Parfaits 2:00PM: Life Story Social: Very Merry Un-Birthday or Birthday party 3:00PM Game Club: Tropical Bingo	Travel Tuesday 7 9:30AM Sports Fitness: Cornhole 10:00AM Artsy Tuesday: Hershey's Kisses Craft 1:00PM Virtual Travel Club: Explore India 2:00PM Mind Works: Chocolate Trivia with Treats! 3:00PM Travel Club: Yoga	8 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Game Club: Bingo 1:30PM Karaoke with Diane T.V.L 2:00PM The Essence Duo Patriotic Summer Bash! 3:00PM Engagement Kit: Pack Your Bags for a Picnic and Have an Indoor Picnic	9 9:30AM Sports Fitness: Cornhole 10:00AM Nature Works: Hammered Petal Art 1:30PM: Aroma Works: Eucalyptus & Relaxation Videos 2:00PM 3:00PM Body Works Exercise: Patriotic Music & Movement	10 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Game Club: Memory 2:00PM Happy Birthday Happy Hour with The Essence Duo-T.V.L. 3:00PM Sensory Works: Watermelon Snacks with Friends	11 10:00AM Mind Works: Daily Chronicles 1:00PM Music Works: Music and Snacks 2:00PM Sports Fitness-Resident Choice Games 7:30PM Rehab Social: Matinee & Snacks
12 10:00AM Words for Life & Hymns 1:00PM Mind Works: Daily Chronicles 2:00PM Sports Fitness-Bowling 5:00PM Mind Works: Board Games 7:30PM Rehab Social: Matinee & Snacks	Step Into Sun Safety 13 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Art Works: Summer Safety Hats 1:30PM Wellness Works: Be Sun Smart 2:00PM Swan City Music Therapy 3:00PM Life Story Social: Travel Talk	Step Into Hydration 14 9:30AM Sports Fitness: Cornhole 10:00AM Game Club: Summer Safety Bingo 1:30PM Wellness Works: Summer Hydration 2:00PM Aroma Works: Eucalyptus and Relaxation Coloring 3:00pm Body Works Exercise Strength with Jen	Safe Summer Movement 15 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Game Club: Bingo 10:30AM Wellness Works: Staying Active in the Summer 2:00PM Rehab Social: Scenic Bus Tour 3:00PM Body Works Exercise: Yoga with Jen	Step Into Summer Nutrition 16 9:30AM Cornhole 10:00AM Chefs Corner: Fruit Pizza 1:00PM Wellness Works: Summer Nutrition 2:00PM Strength with Gigi 3:00PM Game Club: Summer Safety Jeopardy-T.V.L.	Summer Safety Recap 17 9:30AM Game Club: Summer Safety Jeopardy 10:00AM Men's Club-Frisby Golf-T.V.L. 1:30PM Mind Works: HEAT Categories 2:00PM Happy Hour with Jeff Wagey-T.V.L. 3:00PM Life Skills: Water Works	18 10:00AM Mind Works: Daily Chronicles 1:00PM Music Works: Music and Snacks 2:00PM Sports Fitness-Resident Choice Games 7:30PM Rehab Social: Matinee & Snacks
19 10:00AM Words for Life & Hymns 1:00PM Mind Works: Daily Chronicles with Ice Cream 2:00PM Sports Fitness-Bowling 5:00PM Mind Works: Board Games 7:30PM Rehab Social: Matinee & Snacks	20 10:00AM Mind Works: Summer This or That 1:00PM Body Works Exercise: Joy in Motion with Nurse Erica-T.V.L 2:00PM Music Works: Patriotic Sing Along with Rachel from Cornerstone-Theatre 3:00PM Body Works Exercise: Yoga with Jen	21 9:30AM Sports Fitness: Cornhole 10:00AM Art Works: Dot Art 1:00PM Travel Club: National Parks Edition-T.V.L 2:00PM Aroma Works: Eucalyptus Education and Coloring Pages 3:00pm Body Works Exercise Strength with Jen	22 9:30AM Body Works Exercise: Balloon Bounce 10:00AM: Game Club: Roll a Watermelon Seed 1:30PM Karaoke with Diane-TVL 3:00PM Music Works: The Beach Boys with Yoga	23 9:30AM Sports Fitness: Cornhole 10:00AM Nature Works: Pollinators Art Project 1:30AM Mind Works: Puzzles 2:00PM Body Works Exercise: Strength w/Gigi 3:00PM Game Club: Jeopardy-T.V.L	24 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Art Works: Dot Art 2:00PM Happy Hour with Ralph Espinosa-T.V.L 3:00PM Body Works Exercise: Yoga with Jen	25 10:00AM Mind Works: Daily Chronicles 1:00PM Music Works: Music and Snacks 2:00PM Sports Fitness-Resident Choice Games 7:30PM Rehab Social: Matinee & Snacks
26 10:00AM Words for Life & Hymns 1:00PM Mind Works: Daily Chronicles 2:00PM Sports Fitness-Bowling 5:00PM Mind Works: Board Games 7:30PM Rehab Social: Matinee & Snacks	27 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Art Works: Watercolor Summer Scenes 2:00PM Chef's Corner: Summer Smoothie Bar-Bar Life Story Social: Sweet Treats 3:00PM Body Works Exercise: Yoga with Jen	Travel Tuesday 28 9:30AM Sports Fitness: Cornhole 10:00AM Art Works: Indian Spice Sensory Painting 1:00PM Travel Club: National Parks Edition-T.V.L 2:00PM Chef's Corner: Brownie Sundaes 3:00pm Body Works Exercise Strength with Jen	29 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Life Skills: Water Works 2:00PM Rehab Social: Scenic Bus Tour 3:00PM Aroma Works: Eucalyptus & Hand Massage	30 9:30AM Sports Fitness: Cornhole 10:00AM Chefs Corner: Blueberry Muffins 1:30PM Mind Works: Ball Match 2:00PM Body Works Exercise: Strength w/Gigi 3:00PM Game Club: Jeopardy-T.V.L	31 9:30AM Body Works Exercise: Balloon Bounce 10:00AM Men's Club with AL-T.V.L. 1:30PM Mind Works-Trivia and Snacks 2:00PM Happy Hour 3:00PM Yoga with Jen	



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May the Rest of Your Days Be the Best of Your Days!