NOVEMBER 2026

Lake Gibson Village
Life Works Wellness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00am Mind Works: Sunday Morning Crosswords- 3FLD 1:00pm Mind Works: Fact or Fiction – 3FLD 1:45pm Church Services: Worship Hour with Jim and Esther – T.V. Lounge 3:00pm Music Works: St. Joseph's Church Choir Performance - Piano 3:00pm Game Club: Rummikub - Mezzanine 6:00pm Reel Talk: Movie – T.V. Lounge 6:00 pm Game Club: Candlelight Bingo with Tina - 3FL Give Thanks and Donate Food & Clothing Food Drive Begins Daylight Savings Time Ends	**2** 9:00am Body Works: EmpowerMe Training - WC 9:45am Church Services: Catholic Prayer – 3FL 10:15am Sports Fitness: Corn Hole – T.V. Lounge 1:00pm Nature Works: Fall Scented Pinecones - L 2:00pm Mind Works: Trivia and Jokes – L 2:30pm Mind Works: Learn About Dia de los Muertos – T.V. Lounge 3:00pm Game Club: BINGO – L 6:00pm Game Club: Resident Choice - L	Travel Tuesday **3** 10:30am Body Works: EmpowerMe Exercise – 3FL 12:30pm – 2:00pm Transportation to Election Polls – (Sign-Up Required) 1:00pm Game Club: Bean Auction with Jaryn from VITAS Healthcare – Theatre 2:00pm Welcome Committee – 3FL 3:00pm Virtual Travel Club: Exploring Turkey – T.V. Lounge 3:30pm Game Club: Dice - L 6:00pm Game Club: Resident Choice – L 6:00pm Body Works: Walking Club - Lobby Election Day	Wellness Wednesday **4** 9:00am Shopping Trip: Publix 1:00pm Shopping Outing: Hobby Lobby & Sketcher's Shoe Store (Sign-Up Required) 1:15pm Film Club: The Golden Age of Hollywood Discussion – T.V. Lounge 1:45pm Mind Works: Gratitude A-Z – T.V. Lounge 2:00pm Art Works: Pictionary – T.V. Lounge 2:30pm Wellness Works: Diabetes Basics - L 3:00pm Game Club: BINGO – L 6:00pm Game Club: Resident Choice – L	**5** 9:45am Church Services: Catholic Communion – 2FL 10:15am Game Club: Corn Hole – T.V. Lounge 10:30am Body Works: EmpowerMe Stretch – 3FL 1:00pm Life Story Social: Meet Your Neighbors Featuring the Gratitude Tree – T.V. Lounge 2:00pm Chef's Corner: Cooking Demonstration with Kimone – Private Dining Room 3:00pm Game Club: Jeopardy – T.V. Lounge 6:00pm Game Club: Resident Choice - L 7:00pm Music Works: Scott Lake Elementary School Chorus – T.V. Lounge Thankful Thursday	**6** 9:00am Body Works: EmpowerMe Training WC 10:15am Art Works: Autumn Rock Painting - L 1:00pm Activities Committee – 3FL 1:00pm Q&A and Peace of Mind Presentation with Gentry Morrison – with Cookies! - Theatre 2:00pm Music Works: Best of Central Florida Celebration Happy Hour with Geri the Guitar Gal – T.V. Lounge 3:00pm Game Club – BINGO – L 6:00pm Game Club – Resident Choice – L	**7** 10:15am Art Works: Turkey Spoons - 3FLD 12:30pm Sports Fitness: Corn Hole – Front Porch 1:45pm Game Club: Bingo with Rita – 3FL 6:00pm Reel Talk: Movie – T.V. Lounge 6:00pm Body Works: Walking Club - Lobby
8 10:00am Mind Works: Sunday Morning Crosswords- 3FLD 1:00pm Mind Works: Fact or Fiction- 3FLD 1:45pm Church Services: Worship Hour with Jim and Esther – T.V. Lounge 3:00pm Mind Works: Trivia- Bar 3:00pm Game Club: Rummikub – L 6:00pm Reel Talk: Movie – T.V. Lounge 6:00 pm Game Club: Candlelight Bingo with Tina - 3FL	**9** 9:00am Body Works: EmpowerMe Training - WC 9:45am Church Services: Catholic Prayer – 3FL 10:15am Sports Fitness: Corn Hole – T.V. Lounge 1:00pm Body Works: Joy in Motion with Nurse Erica – T.V. Lounge 2:00pm Art Works: Fall Coloring Hour – L 2:00pm Chef's Corner: Cinnamon Apple Crisp - Bar 2:30pm Mind Works: Name the Book – T.V. Lounge 3:00pm Game Club: BINGO – L 6:00pm Game Club: Resident Choice - L World Freedom Day	Travel Tuesday **10** 9:00am Coffee Chat with Alisa – Front Porch 10:00am Men's Club – T.V. Lounge 10:30am Body Works: EmpowerMe Exercise – 3FL 11:00am – 2:30pm Pop-Up Shop: Paparazzi Jewelry – Lobby 1:00pm Travel Club: Turkish Music and Movement – T.V. Lounge 2:00pm Stitches and Stories: Jolene Wilcher's Quilt Showcase – T.V. Lounge 3:00pm Game Club: Dice 6:00pm Game Club: Resident Choice – L 6:00pm Body Works: Walking Club – Lobby Marine Corps Birthday	**11** 9:00am Shopping Trip: Walmart 9:30am Wellness Works: Empower Blood Pressure Clinic with Michelle and Kara – L 10:15am Art Works: Butterfly Garden Steppingstones - L 1:00pm Music Works: Karaoke with Diane – T.V. Lounge 2:00pm Veterans Day Pinning Ceremony with Rachel from Cornerstone – T.V. Lounge 3:00pm Game Club: BINGO - L 6:00pm Game Club: Resident Choice – L Veterans Day	**12** 8:15am Nature Works: Gardening Club – Garden 9:30am Wellness Works: Health Chat with Michelle and Kara from Empower – L 9:45am Church Services: Catholic Communion – 2FL 10:00am Caramel Apples and Hot Apple Cider with Michelle and Kara from Empower Health – Lobby 10:15am Sports Fitness: Corn Hole – T.V. Lounge 10:30am Body Works: EmpowerMe Stretch – 3FL 1:00pm Mind Works: Turkey Trot Trivia – T.V. Lounge 1:45pm RESIDENT COUNCIL – T.V. Lounge 3:00pm Mind Works: Jeopardy – T.V. Lounge 6:00pm Game Club: Resident Choice - L Thankful Thursday	**13** 9:00am Body Works: EmpowerMe Training – WC 10:00am Wellness Works: Health Chat with Wellness Director Charity – L 10:00am – 2:00pm Dillard's Pajamas Pop-Up Shop – Lobby 1:00pm Mind Works: Talk the Talk! Old School vs. New School Slang - L 2:00pm Music Works: Happy Birthday Happy Hour with Jeff Wagy – T.V. Lounge 3:00pm Game Club: BINGO – L 6:00pm Game Club: Resident Choice – L World Kindness Day	**14** 10:15am Art Works: Autumn Leaf Sun Catcher- 3FLD 12:30pm Sports Fitness: Corn Hole - T.V. Lounge 1:45pm Game Club: Bingo with Rita - L 3:00pm Music Works: Name that Tune! - L 3:00pm Game Club: Rummikub - L 6:00pm Reel Talk: Movie – T.V. Lounge 6:00pm Body Works: Walking Club - Lobby
15 10:00am Mind Works: Sunday Morning Crosswords- 3FLD 1:00pm Mind Works: Fact or Fiction- 3FLD 1:45pm Church Services: Worship Hour with Jim and Esther – T.V. Lounge 3:00pm Game Club: Family Feud! - 3FL 3:00pm Game Club: Rummikub – L 6:00pm Reel Talk: Movie – T.V. Lounge 6:00 pm Game Club: Candlelight Bingo with Tina - 3FL	**16** 9:00am Body Works: EmpowerMe Training -WC 9:45am Church Services: Catholic Prayer – 3FL 10:15am Sports Fitness: Corn Hole – T.V. Lounge 1:00pm Life Story Social: Grief Support Group – T.V. Lounge 2:00pm Nature Works: Frost and Plants – T.V. Lounge 2:30pm Mind Works: Fall - Last Letter, First Game - L 3:00pm Game Club: BINGO – L 6:00pm Game Club: Resident Choice – L	Travel Tuesday **17** 10:00am Wellness at Home: Small Steps for Sugar - L 10:30am Body Works: EmpowerMe Exercise – 3FL 1:00pm Travel Club: Turkish Handicrafts – T.V. Lounge 2:00pm Sports Fitness: Target Practice – T.V. Lounge 3:00pm Game Club: Dice Games - L 6:00pm Game Club: Resident Choice – L 6:00pm Body Works: Walking Club - Lobby	Wellness Wednesday **18** 9:00am Shopping Trip: Publix 10:00am Game Club: Bananagrams with Laura - L 11:00am - 1:00pm Community Works: Chili Cook-Off Fundraiser for Alzheimer's Awareness - Bar 11:00am Lunch Outing: Cracker Barrel (Sign-Up Required) 1:00pm Chef's Corner: Let's Bake Cookies - Bar 2:00pm Mind Works: Toppling Tower Trivia – T.V. Lounge 2:30pm Wellness Works: COPD – T.V. Lounge 3:00pm Game Club: BINGO 6:00pm Game Club: Resident Choice - L World COPD Day	**19** 9:45am Church Services: Catholic Communion – 2FL 10:15am Sports Fitness: Corn Hole – T.V. Lounge 10:30am Body Works: EmpowerMe Stretch – 3FL 1:45pm TOWN HALL – T.V. Lounge 3:00pm Game Club: Resident Choice – L 3:00pm Funny Cat & Dog Videos – T.V. Lounge 4:00pm – 6:00pm Friendsgiving Family Night (R.S.V.P. your loved ones at the Reception Desk) Friendsgiving	**20** 9:00am Body Works EmpowerMe Training – WC 10:00am Game Club: Left, Center, Right Dice Game with Louise - L 1:00pm Mind Works: Fall Gnome Scavenger Hunt - Lobby 2:00pm Music Works: Happy Hour with The Essence Duo – Theatre 3:00pm Game Club: BINGO – L 6:00pm Game Club – Resident Choice - L	**21** 10:15am Art Works: Scarecrow Ornament- 3FLD 12:30pm Sports Fitness: Corn Hole - T.V. Lounge 1:45pm Game Club: Bingo with Rita - L 3:00pm Game Club: Family Feud- L 3:00pm Game Club: Rummikub - L 6:00pm Reel Talk: Movie – T.V. Lounge 6:00pm Body Works: Walking Club - Lobby
22 10:00am Mind Works: Sunday Morning Crosswords - 3FLD 10:30am Church Services: Worship Hour with Jim and Esther – T.V. Lounge 1:00pm Mind Works: Fact or Fiction- 3FLD 2:00pm Art Works: Autumn Rock Painting- 3FL 3:00pm Game Club: Rummikub - L 6:00pm Reel Talk: Movie – T.V. Lounge 6:00pm Game Club: Candlelight Bingo with Tina - 3FL National Game & Puzzle Week	**23** 9:00am Body Works: EmpowerMe Training - WC 9:45am Church Services: Catholic Prayer – 3FL 10:15am Sports Fitness: Corn Hole – T.V. Lounge 1:00pm Body Works: Joy in Motion with Nurse Erica – T.V. Lounge 2:00pm Pumpkin Pie Pudding Cups and a Medicare Presentation with Jean Berken - L 2:45pm Mind Works: Thanksgiving Trivia – T.V. Lounge 3:00pm Game Club: BINGO - L 6:00pm Game Club: Resident Choice – L	Travel Tuesday **24** 10:00am Art Works: Ribbon Wands - L 10:30am Body Works: EmpowerMe Exercise – 3FL 1:00pm Game Club: Kismet Dice Game with Alisa – L 2:00pm Travel Club: Turkish Tea House – T.V. Lounge 2:15pm Film Club: Showing of *Sunset Boulevard* – T.V. Lounge 6:00pm Game Club: Resident Choice – L 6:00pm Body Works: Walking Club - Lobby	**25** 9:00am Shopping Trip: ALDI 9:30am Wellness Works: Empower Blood Pressure Clinic with Michelle and Kara – L 1:00pm Shopping Outing: Lakeland Square Mall (Sign-Up Required) 1:00pm Thanksgiving Dessert Social – L 1:30pm Music Works: Karaoke with Diane – T.V. Lounge 3:00pm Game Club: BINGO with Griswold Home Health – L 4:00pm Dinner Outing: Chili's (Sign-up Required) 6:00pm Game Club: Resident Choice - L	**26** 8:30am Macy's Thanksgiving Day Parade – T.V. Lounge 12:00pm The National Dog Show – T.V. Lounge 3:00pm Game Club: Resident-Led BINGO – T.V. Lounge 6:00pm Reel Talk: *A Charlie Brown Thanksgiving* – T.V. Lounge 6:00pm Game Club: Resident Choice – L Happy Thanksgiving	**27** 9:00am Body Works: EmpowerMe Training – WC 10:15am Art Works: Christmas Cards – 3FL 1:00pm Mind Works: Word Scramble – T.V. Lounge 2:00pm Music Works: Happy Hour with Roland Jelinek - Theatre 3:00pm Game Club: BINGO – L 6:00pm Game Club: Resident Choice – L	**28** 10:15am Art Works: Christmas Sequin Ornament- 3FLD 12:30pm Sports Fitness: Corn Hole - T.V. Lounge 1:45pm Game Club: Bingo with Rita - L 3:00pm Music Works- Name that Tune! - L 3:00pm Game Club: Rummikub - L 6:00pm Reel Talk: Movie – T.V. Lounge 6:00pm Body Works: Walking Club - Lobby
29 10:00am Mind Works: Sunday Morning Crosswords- 3FLD 1:00pm Mind Works: Fact or Fiction- 3FLD 1:45pm Church Services: Worship Hour with Jim and Esther – T.V. Lounge 3:00pm Mind Works: Trivia - Bar 3:00pm Game Club: Rummikub - L 6:00pm Reel Talk: Movie – T.V. Lounge 6:00pm Game Club: Candlelight Bingo with Tina - 3FL	**30** 9:00am Body Works: EmpowerMe Training - WC 9:45am Church Services: Catholic Prayer – 3FL 10:15am Sports Fitness: Corn Hole – T.V. Lounge 1:00pm Life Story Social: Show and Tell – T.V. Lounge 2:00pm – Art Works: Christmas Rock Painting - L 3:00pm Game Club: BINGO - L 6:00pm Game Club: Resident Choice – L 6:00pm Reel Talk: Movie Night: Showing of *The Wizard of Oz* - Theatre	**Happy Birthday** Allene Chambers – 11/11 Sara Bales – 11/17 Ruthie Johnson – 11/17 Christopher Snow – 11/19 John Tesmer – 11/22 Sharon Harrold – 11/25 Clara Goolsby – 11/27				

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