

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

# OCTOBER 2026

## LAKE GIBSON VILLAGE

### Life Works Wellness Calendar



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| <p>10:00am Mind Works: Sunday Morning Crosswords- 3FL</p> <p>1:00pm Mind Works: Fact or Fiction - 3FL</p> <p>1:45pm Church Services: Worship Hour with Jim and Esther – T.V. Lounge</p> <p>3:00pm Art Works: Coloring Hour! - 3FL</p> <p>3:00pm Game Club: Rummikub - L</p> <p>6:00pm Reel Talk: Movie – T.V. Lounge</p> <p>6:00 pm Game Club: Candlelight Bingo with Tina - 3FL</p>                                                                        | <p>9:00am Body Works: EmpowerMe Training - WC</p> <p>9:45am Church Services: Catholic Prayer – 3FL</p> <p>10:15am Sports Fitness: Corn Hole – T.V. Lounge</p> <p>1:00pm Mind Works: Voter Education - L</p> <p>2:00pm Mind Works: Trivia and Jokes – L</p> <p>2:30pm Art Works: Pictionary – T.V. Lounge</p> <p>3:00pm Game Club: BINGO – L</p> <p>6:00pm Game Club: Resident Choice - L</p> <p><b>Voter Education Week</b></p>                                                                                                                                                               | <p><b>Travel Tuesday</b></p> <p>9:00am Coffee Chat with Alisa – Front Porch</p> <p>10:00am Art Works: Spooky Rock Painting - L</p> <p>10:30am Body Works: EmpowerMe Exercise – 3FL</p> <p>1:00pm Game Club: Bean Auction with Jaryn from VITAS Healthcare – Theatre</p> <p>2:00pm Welcome Committee – 3FL</p> <p>2:00pm SHINE Medicare Presentation with Jean Berken - Theatre</p> <p>3:00pm Virtual Travel Club: Explore Canada – T.V. Lounge</p> <p>3:30pm Game Club: Dice - L</p> <p>6:00pm Game Club: Resident Choice – L</p> <p>6:00pm Body Works: Walking Club - Lobby</p> | <p>9:00am Shopping Trip: Publix</p> <p>10:00am Mind Works: Learn About Hispanic Heritage Month – T.V. Lounge</p> <p>1:00pm Hispanic Heritage Month Food Tasting - Bar</p> <p>1:00pm Outing to Visit Central Florida Welcome Center (Sign-Up Required)</p> <p>2:00pm Body Works: Chair Football Exercises – T.V. Lounge</p> <p>2:30pm Sports Fitness: Halloween Ring Toss – T.V. Lounge</p> <p>3:00pm Game Club: BINGO – L</p> <p>3:00pm – 6:00pm Fall Harvest Themed Family Dinner – Dining Room</p> <p>6:00pm Game Club: Resident Choice – L</p> | <p>9:45am Church Services: Catholic Communion – 2FL</p> <p>10:15am Game Club: Corn Hole – T.V. Lounge</p> <p>10:30am Body Works: EmpowerMe Stretch – 3FL</p> <p>1:00pm Life Story Social: Meet Your Neighbors Featuring the Wheel of Memories – T.V. Lounge</p> <p>2:00pm Chef's Corner: Cooking Demonstration with Kimone – Private Dining Room</p> <p>3:00pm Game Club: Music Jeopardy – T.V. Lounge</p> <p>6:00pm Game Club: Resident Choice - L</p> <p><b>Music Day</b></p>                                   | <p><b>Fall Fun Friday: Boos and Tailloos (Wear White or Dress as a Ghost)</b></p> <p>9:00am Body Works: EmpowerMe Training – WC</p> <p>10:00am Game Club: Left, Center, Right Dice Game with Louise - L</p> <p>1:00pm Activities Committee – 3FL</p> <p>1:45pm Temporary Tattoo Station with Rachel from Cornerstone - Bar</p> <p>2:00pm Music Works: Oktoberfest Happy Hour with Jim Horzen – Theatre</p> <p>3:00pm Game Club: BINGO – L</p> <p>6:00pm Game Club – Resident Choice – L</p>                                                                                                                                      | <p>10:15am Art Works: Wooden Crow Craft- 3FL</p> <p>12:30pm Sports Fitness: Corn Hole - T.V. Lounge</p> <p>1:45pm Game Club: Bingo with Rita - L</p> <p>3:00pm Game Club: Family Feud! - L</p> <p>3:00pm Game Club: Rummikub - L</p> <p>6:00pm Reel Talk: Movie – T.V. Lounge</p> <p>6:00pm Body Works: Walking Club - Lobby</p>                                                                                                                                                                           |
| <p>10:00am Mind Works: Sunday Morning Crosswords - 3FL</p> <p>1:00pm Mind Works: Fact or Fiction - 3FL</p> <p>1:45pm Church Services: Worship Hour with Jim and Esther – T.V. Lounge</p> <p>3:00pm Art Works: Coloring Hour! - 3FL</p> <p>3:00pm Game Club: Rummikub - L</p> <p>3:00pm – 6:00pm Chef's "Tailgate" Potluck Dinner – Dining Room</p> <p>6:00pm Reel Talk: Movie – T.V. Lounge</p> <p>6:00 pm Game Club: Candlelight Bingo with Tina - 3FL</p> | <p>9:00am Body Works: EmpowerMe Training -WC</p> <p>9:45am Church Services: Catholic Prayer – 3FL</p> <p>10:15am Sports Fitness: Corn Hole – T.V. Lounge</p> <p>1:00pm Body Works: Joy in Motion with Nurse Erica - T.V. Lounge</p> <p>2:00pm Mind Works: Learn About Indigenous Peoples' Day – T.V. Lounge</p> <p>2:30pm Wellness Works: Arthritis – T.V. Lounge</p> <p>3:00pm Game Club: BINGO – L</p> <p>6:00pm Game Club: Resident Choice - L</p> <p><b>World of Wellness World Arthritis Day</b></p> <p><b>Indigenous Peoples' Day</b></p>                                               | <p><b>Travel Tuesday</b></p> <p>10:00am Men's Club with Coffee and Donuts – T.V. Lounge</p> <p>10:30am Body Works: EmpowerMe Exercise – 3FL</p> <p>11:00am – 2:30pm Pop-Up Shop: Paparazzi Jewelry - Lobby</p> <p>1:00pm Game Club: Kismet Dice Game with Alisa – L</p> <p>2:00pm Travel Club: Tastes of Canada – T.V. Lounge</p> <p>2:30pm Mind Works: Ghost Categories - L</p> <p>3:00pm Art Works: Football Craft Corner – 3FL</p> <p>6:00pm Game Club: Resident Choice – L</p> <p>6:00pm Body Works: Walking Club – Lobby</p> <p><b>Navy Birthday</b></p>                    | <p>9:00am Shopping Trip: Walmart</p> <p>9:30am Wellness Works: Empower Blood Pressure Clinic with Michelle and Kara – L</p> <p>10:00am Art Works: Butterfly Garden Stepping Stones – 3FL</p> <p>11:00am Lunch Outing: The Joinery (Sign-Up Required)</p> <p>1:30pm Music Works: Karaoke with Diane – T.V. Lounge</p> <p>3:00pm Game Club: BINGO with Hazel- L</p> <p>6:00pm Game Club: Resident Choice – L</p> <p>6:00pm Platform Art Reception: Sallie Henry - Mezzanine</p>                                                                     | <p>9:45am Church Services: Catholic Communion – 2FL</p> <p>10:00am – 1:00pm Pop-Up Shop: The Pink Hanger Boutique - Lobby</p> <p>10:15am Sports Fitness: Corn Hole – T.V. Lounge</p> <p>10:30am Body Works: EmpowerMe Stretch – 3FL</p> <p>1:00pm Chef's Corner: Ambrosia Salad - Bar</p> <p>1:45pm RESIDENT COUNCIL – Theatre</p> <p>3:00pm Halloween Scavenger Hunt - Lobby</p> <p>6:00pm Game Club: Resident Choice – L</p>                                                                                    | <p><b>Fall Fun Friday: Fall Flannel Day (Wear Fall Flannel)</b></p> <p>9:00am Body Works EmpowerMe Training – WC</p> <p>10:00am – 11:30am Community Swap Shop - L</p> <p>1:00pm Sensory Works: Autumn Aromas - L</p> <p>2:00pm Music Works: Happy Hour with Dave Smith – Theatre</p> <p>3:00pm Game Club: BINGO – L</p> <p>6:00pm Game Club – Resident Choice - L</p>                                                                                                                                                                                                                                                            | <p>10:15am Art Works: Faux Caramel Apples- 3FL</p> <p>12:30pm Sports Fitness: Corn Hole - T.V. Lounge</p> <p>1:45pm Game Club: Bingo with Rita - L</p> <p>3:00pm Game Club: Family Feud! - L</p> <p>3:00pm Game Club: Rummikub - L</p> <p>6:00pm Reel Talk: Movie – T.V. Lounge</p> <p>6:00pm Body Works: Walking Club - Lobby</p>                                                                                                                                                                         |
| <p>10:00am Mind Works: Sunday Morning Crosswords- 3FL</p> <p>1:00pm Mind Works: Fact or Fiction- 3FL</p> <p>1:45pm Church Services: Worship Hour with Jim and Esther – T.V. Lounge</p> <p>3:00pm Art Works: Coloring Hour! -3FL</p> <p>3:00pm Game Club: Rummikub - L</p> <p>6:00pm Reel Talk: Movie – T.V. Lounge</p> <p>6:00pm Game Club: Candlelight Bingo with Tina - 3FL</p>                                                                           | <p>9:00am Body Works: EmpowerMe Training -WC</p> <p>9:45am Church Services: Catholic Prayer – 3FL</p> <p>10:15am Sports Fitness: Corn Hole – T.V. Lounge</p> <p>1:00pm Pink Dessert Social – L</p> <p>1:30pm Breast Cancer Survivor Story with Kari from Home Instead - L</p> <p>3:00pm Game Club: BINGO – L</p> <p>6:00pm Game Club: Resident Choice – L</p> <p><b>World of Wellness World Osteoporosis Day</b></p>                                                                                                                                                                          | <p><b>Travel Tuesday</b></p> <p>10:00am Wellness Works: Osteoporosis – T.V. Lounge</p> <p>10:30am Body Works: EmpowerMe Exercise – 3FL</p> <p>1:00pm Travel Club: Canadian Hockey – T.V. Lounge</p> <p>2:00pm VA Aid &amp; Attendance Presentation with Marc Albritton - Theatre</p> <p>3:00pm Game Club: Dice with Cathy - L</p> <p>6:00pm Game Club: Resident Choice – L</p> <p>6:00pm Body Works: Walking Club - Lobby</p> <p><b>World of Wellness World Osteoporosis Day</b></p>                                                                                             | <p>9:00am Shopping Trip: Publix</p> <p>10:00am Game Club: Bananagrams with Laura - L</p> <p>11:00am - 1:00pm Community Works: Apple Harvest for Hope Fundraiser for Alzheimer's Awareness, Featuring Apple Cider and Homemade Apple Desserts - Bar</p> <p>1:00pm Shopping Outing: Scout &amp; Tag</p> <p>1:00pm Sacred Soundscapes Piano Recital with Jan Dutton - Lobby</p> <p>2:00pm Mind Works: Apple Bobbing Trivia – T.V. Lounge</p> <p>3:00pm Game Club: BINGO</p> <p>6:00pm Game Club: Resident Choice – L</p> <p><b>Apple Day</b></p>     | <p>8:00am Nature Works: Gardening Club – Garden</p> <p>9:45am Church Services: Catholic Communion – 2FL</p> <p>10:15am Sports Fitness: Corn Hole – T.V. Lounge</p> <p>10:30am Body Works: EmpowerMe Stretch – 3FL</p> <p>1:00pm Art Works: Pictionary – T.V. Lounge</p> <p>1:45pm TOWN HALL – Theatre</p> <p>3:00pm Mind Works: Autumn A to Z &amp; Jeopardy – T.V. Lounge</p> <p>6:00pm Game Club: Resident Choice - L</p>                                                                                       | <p><b>Fall Fun Friday: Pumpkins and Pajamas (Wear Orange and/or Halloween Pajamas)</b></p> <p>9:00am Body Works: EmpowerMe Training – WC</p> <p>10:00am</p> <p>1:00pm Body Works: Pumpkin Strength Class – T.V. Lounge</p> <p>2:00pm Music Works: Happy Hour with Ralph Espinosa with Apple Cider Mocktails – Theatre</p> <p>3:00pm Game Club: BINGO – L</p> <p>6:00pm Game Club: Resident Choice – L</p>                                                                                                                                                                                                                        | <p>10:15am Art Works: Halloween Candy Bowl - 3FL</p> <p>10:30am Music Works: Music &amp; Crafts with The Way Community Church Kids - L</p> <p>12:30pm Sports Fitness: Corn Hole - T.V. Lounge</p> <p>1:45pm Game Club: Bingo with Rita - L</p> <p>3:00pm Family Feud! - L</p> <p>3:00pm Game Club: Rummikub - L</p> <p>6:00pm Reel Talk: Movie – T.V. Lounge</p> <p>6:00pm Body Works: Walking Club - Lobby</p> <p><b>United Nations Day</b></p>                                                           |
| <p>10:00am Mind Works: Sunday Morning Crosswords- 3FL</p> <p>1:00pm Mind Works: Fact or Fiction- 3FL</p> <p>1:45pm Church Services: Worship Hour with Jim and Esther – T.V. Lounge</p> <p>3:00pm Art Works: Coloring Hour! - 3FL</p> <p>3:00pm Game Club: Rummikub - L</p> <p>6:00pm Reel Talk: Movie – T.V. Lounge</p> <p>6:00 pm Game Club: Candlelight Bingo with Tina - 3FL</p>                                                                         | <p>9:00am Body Works: EmpowerMe Training -WC</p> <p>9:45am Church Services: Catholic Prayer – 3FL</p> <p>10:15am Sports Fitness: Corn Hole – T.V. Lounge</p> <p>1:00pm Body Works: Joy in Motion with Nurse Erica - T.V. Lounge</p> <p>2:00pm Mind Works: Halloween Trivia – T.V. Lounge</p> <p>2:30pm Chef's Corner: Candy Corn Popcorn Balls - Bar</p> <p>3:00pm Game Club: BINGO - L</p> <p>6:00pm Game Club: Resident Choice – L</p> <p>6:00pm Reel Talk: Movie Night Showing of <i>The Addams Family</i> with Popcorn and Candy - Theatre</p> <p><b>National Day of the Deployed</b></p> | <p><b>Travel Tuesday</b></p> <p>10:00am Art Works: Decorative Halloween Mason Jar – 3FL</p> <p>10:30am Body Works: EmpowerMe Exercise – 3FL</p> <p>1:00pm Jack O'Lantern Halloween Dessert Social - L</p> <p>2:00pm Travel Club: Canadian Wildlife Adventure – T.V. Lounge</p> <p>3:00pm Game Club: Dice - L</p> <p>6:00pm Game Club: Resident Choice – L</p> <p>6:00pm Body Works: Walking Club - Lobby</p> <p><b>Black Cat Day</b></p>                                                                                                                                         | <p>9:00am Shopping Trip: ALDI</p> <p>9:30am Wellness Works: Empower. Blood Pressure Clinic with Michelle and Kara – L</p> <p>1:00pm Field Trip to Florida Children's Museum (Sign-Up and Cost of Admission Required)</p> <p>1:30pm Music Works: Karaoke with Diane – T.V. Lounge</p> <p>3:00pm Game Club: BINGO with Griswold Home Health – L</p> <p>4:00pm Dinner Outing: Ford's Garage (Sign-Up Required)</p> <p>6:00pm Game Club: Resident Choice - L</p>                                                                                      | <p>9:45am Church Services: Catholic Communion – 2FL</p> <p>10:00am Wellness Works: Stroke – T.V. Lounge</p> <p>10:15am Sports Fitness: Corn Hole – T.V. Lounge</p> <p>10:30am Body Works: EmpowerMe Stretch – 3FL</p> <p>1:00pm Nature Works: Marigolds – L</p> <p>2:00pm Music Works: Monster Mash Dance Party – T.V. Lounge</p> <p>3:00pm Mind Works: Halloween A to Z &amp; Halloween Jeopardy – T.V. Lounge</p> <p>6:00pm Game Club: Resident Choice - L</p> <p><b>World of Wellness World Stroke Day</b></p> | <p><b>Fall Fun Friday: Halloween Costume Contest and Decorate Your Walker/Scooter Contest (Wear a Halloween Costume and Decorate Your Walker/Scooter for Halloween)</b></p> <p>9:00am Body Works: EmpowerMe Training – WC</p> <p>10:00am Life Story Social: Veteran's Café with Rachel from Cornerstone – T.V. Lounge</p> <p>1:00pm Mind Works: Trick, Treat, or Trivia – T.V. Lounge</p> <p>2:00pm Music Works: Halloween Happy Hour with Pablo Reyes – Theatre</p> <p>3:00pm Game Club: BINGO – L</p> <p>4:00pm-6:00pm Community Works: Trunk or Treat at Lake Gibson Village</p> <p>6:00pm Game Club: Resident Choice - L</p> | <p>10:00 am Guess How Many Candy Corns in the Jar - L</p> <p>10:15am Art Works: Halloween Notebook and Pens Craft- 3FL</p> <p>12:30pm Sports Fitness: Corn Hole - T.V. Lounge</p> <p>1:45pm Game Club: Bingo with Rita - L</p> <p>3:00pm Music Works: Name that Halloween Tune- L</p> <p>3:00pm Game Club: Rummikub - L</p> <p>3:25 pm Halloween Candy Jar Winner Announced!</p> <p>6:00pm Reel Talk: Movie – T.V. Lounge</p> <p>6:00pm Body Works: Walking Club – Lobby</p> <p><b>Happy Halloween</b></p> |